

ISR 18 18th International Submarine Races Contestant Manual Version 1.20 (FINAL) August 25, 2024

ISR 18 Dates: 22 - 27 June 2025

Sponsored by the Foundation for Underwater Research and Education (FURE) International Submarine Races (ISR) Committee

The Foundation for Underwater Research and Education (FURE) is a 501(c)(3) nonprofit organization dedicated to advancing marine technology and ocean engineering by investing in today's youth pursuing marine related scientific and engineering research and educational opportunities.

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1. ISR 18 CONTESTANTS' MANUAL CHANGE HISTORY

Version	Date	Change
1.2	18 August 2024	First Public Release

2. INTRODUCTION

2.1. Background Information

Congratulations for considering building and racing a human-powered submarine! This manual has been prepared for those who are interested in participating in the 18th running of the International Submarine Races (ISR 18), to be held June 22 - 27, 2025 at the David Taylor Model Basin located at the Carderock Division of the U.S. Naval Surface Warfare Center (NSWC) in West Bethesda, Maryland.

This manual is intended to be a guideline for participating in ISR 18 and addresses submarine design, race participation, registration, schedules, rules, operations, and related subjects. It has been written and edited by members of the Foundation for Underwater Research and Education (FURE) and its International Submarine Races (ISR) Committee members. As a working document, this manual is subject to change and updated versions will be placed on FURE's website, www.internationalsubmarineraces.org as they are released.

2.2. Foundation for Underwater Research and Education (FURE) Mission

FURE is a 501(c)(3) nonprofit organization dedicated to advancing marine technology and ocean engineering by investing in today's youth who are pursuing marine related scientific and engineering research and educational opportunities. FURE partners with technology and engineering students, the general public, government leaders and activities, educators, industry, scientists, and journalists to reach our goals. FURE has organized marine science educational and outreach activities throughout its history and has sponsored the ISR since 1994.

The International Submarine Races are FURE's premier biennial activity that contribute to accomplishment of its mission.

2.3. ISR Challenge

The ISR 18 challenge is to design, build, test, and race a one- or two-person, human-powered submarine for 100 meters on an underwater course at the David Taylor Model Basin, NSWC Carderock.

2.4. ISR Rationale

The skills developed in team-based system level engineering projects of this complexity are vital to our collective future. While space presents the furthest reaching frontiers, the undersea domain

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demands the same or higher levels of engineering skills to safely explore and harness the ocean's resources. From the FURE perspective, there is a continuing need to increase the proficiency and number of engineering students of various engineering disciplines to delve into broad areas of underwater technology advancement. The ISR provides an educational opportunity for these students that translates their theoretical knowledge into reality and fosters advancements in subsea vehicle hydrodynamic, propulsion, and life support systems. Enduring lessons will continue to be learned through the process of designing, building, and operating an "optimized design". The rules of the competition restrict the vehicle's power to solely that of human power, thus focusing attention on maximizing the vehicle's design and life support systems.

2.5. Organization of ISR

FURE sponsors the race and manages the volunteers from its ISR Committee who have dedicated their personal talents and abilities to maintaining the continuity of this unique technology competition.

The ISR Committee leadership team for the 18th ISR is:

Vin Malkoski – President and Chairman of the Board, FURE Sarena Padilla –Vice President, FURE Susan Rovner / David McAfee – Contestant Liaison Jerry Rovner – Race Director Dave Peterson – Surface Operations Director Vin Malkoski – Supervisor of Diving Mike Ales/Jane Louie – Head Judge Pam Corry – Treasurer

The ISR Committee operates under the financial and administrative support of FURE. FURE solicits support from corporate sponsors, academic officials, and a host of private individuals to support the races and other educational events and scholarships.

The ISR committee is not affiliated with any other human-powered submarine race.

To remain current with the activities of the ISR and FURE, please regularly access our website at <u>www.internationalsubmarineraces.org</u> or follow us on Facebook at <u>www.facebook.com/Foundation-for-Underwater-Research-and-Education-358790251332752</u> and

www.facebook.com/International-Submarine-Races-205535162933518

2.6. Safety and Liability

Safety is of utmost importance to all involved in the races and every effort is made to conduct this event as safely as possible. There will be emergency medical personnel at the ready and highly qualified safety divers prepared to intervene in the case of mishap. Because of the potentially dangerous nature of submarine racing, every participating contestant must complete and sign the applicable ISR forms discussed later in this document (available on the ISR website). Each team shall assume full responsibility for the loss of or damage to their equipment and any damage to the submarine or injury to personnel.

3. FACILITY SECURITY AND RULES

We are graciously allowed use of the facilities at the Naval Surface Warfare Center (NSWC), Carderock Division, a major US Navy research center. All FURE/ISR volunteers, guests, and contestants are visitors of the facility's Commanding Officer.

NSWC Carderock is a U.S. Navy facility and therefore requires visitors and guests to follow all entry and facility access procedures prescribed by the US Navy. All persons must be properly cleared by the US Navy to access the facility. Each participant is required to complete the appropriate forms and submit them well in advance (usually two months prior to the event start date – exact date to be determined and will be posted on the website) of ISR 18 for processing, according to the deadlines posted on the website. Contestants and visitors may be denied entry by the US Navy based on adverse law enforcement reports. After receiving a visitor clearance, contestants and visitors will be issued an event badge that must be worn at all times while at the facility (except when in the water). Since there is limited parking space available, teams must limit the number of vehicles entering the facility. Vehicles entering the base are subject to search before entry is granted.

During normal facility operations, NSWC Carderock personnel conduct industrial type activities in the area that is used as the race area. As this is the case, all personnel must wear appropriate clothing for their role in the races. Flip-flops and other open toe shoes are prohibited on and around the model basin's elevator and dive station area.

Cameras (including cameras on mobile phones) are allowed into the facility by obtaining a camera pass from base authorities. Photos may only be taken in the model basin race area and only for the purpose of filming race activities. Do not attempt to use a concealed camera. NSWC Carderock will require that everyone who enters or has a cell phone, internet access device, camera and or laptop computer complete a camera and laptop form, available from the ISR website at a future date. After the camera/laptop form has been approved by government security personnel, a camera/laptop pass will be issued and must be carried in plain sight with the camera/laptop at all times.

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Contestants are required to stay within the race area. Anyone found outside around the ISR 18 event area or going into restricted areas could be escorted out of the facility and asked to surrender his/her event badge. Unless you are taking an official tour with NSWC Carderock personnel, visiting the cafeteria, or are with authorized personnel, please remain in the designated event area.

Each team, as well as all ISR personnel, is solely responsible for the loss, damage, or theft of their equipment. When it is unattended, make every attempt to lock or secure it. The help and support of one another through the loaning of tools and equipment is strongly encouraged. Loaned gear should be marked, so that it will be returned to its owner. Make sure that anything you offer, particularly dive gear, is intact and safe. If you need something, please ask race officials for assistance.

The possession or use of alcohol or illegal drugs (including any form of Cannabis) anywhere on the facility grounds is absolutely prohibited by NSWC Carderock. As NSWC Carderock is a federal facility, US federal laws apply.

4. **OVERVIEW OF REGISTRATION AND FEES**

Below is a summary of the registration process, fees and key dates for ISR 18. This information and all forms can be located on our website: <u>www.internationalsubmarineraces.org</u>

A \$1000.00 entry fee will be assessed for each participating submarine. A payment of **\$1000.00** is due and payable along with the Team Entry Form <u>no later than January 24, 2025.</u>

There are two steps required to register your team and its members. Step One requires that the Team Leaders or Advisor complete the *Team Entry Form* along with required fees as described below and submit it to FURE's Treasurer no later than January 24, 2025. Step Two requires that Team Leaders or Advisors ensure that each team member and Team-associated visitors complete the **Individual Registration process** described on our website (when made available in early 2025) no later than mid-May 2025. Late individual registrations may result in delays in entry to the US Navy facility.

4.1. ISR 18 Team Registration

To register your team and submarine:

- 1. The Team Advisor or Team Leader shall **complete page three** of the Team Entry Form (located on <u>www.internationalsubmarineraces.org</u>) for each registered submarine and submit it to FURE's Treasurer along with your **\$1000 payment no later than January 24**, **2025**.
- 2. Payments can be made by check or by electronic wire transfer follow directions indicated in Section 4.3 below or on the Team Entry Form. There is an additional fee imposed for wire transfers.
- 3. A late fee of an additional \$200 will be assessed if a Team's full payment is not *received* by January 31, 2025 to allow for postal and processing delays from the submission deadline of January 24, 2025 listed above. Any boat registering and paying after January 31, 2025 will be assessed the \$200 late fee.
- 4. No new applications will be accepted after March 31, 2025.

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FURE will issue a full refund for Teams withdrawing from ISR 18 prior to February 17, 2025. A full refund minus a \$150 penalty will be assessed for Teams withdrawing later than February 17, 2025.

The ISR reserves the right to curtail registrations in the event that the number of registered submarines that have made full payments exceeds the capacity of the race facility.

- Upon receipt of your Team Entry Form, you will be contacted by the ISR Contestant Liaison.
- It is important to register your team by referring to your submarine name. If a team is bringing more than one submarine, a separate Team Entry Form and payment is required for each submarine with each submarine having a unique name.
- Please ensure that you and all people affiliated with your Team complete the Individual Registration process by referring to the submarine name.

4.2. ISR 18 Registration for Individual Contestants and FURE Volunteers

Since we must abide by the entry procedures defined by the US Navy, our registration process for all individuals for ISR 18 is under development, and the details will be available in early May 2025 on our website. The due date for all individual registrations is expected to be mid-May 2025. Those team members who be supporting the team in the water as a pilot, copilot, support diver, or support swimmer will also be required to submit responses to the medical and dive questions in this timeframe as well.

This event is NOT OPEN TO THE GENERAL PUBLIC. Visitors are welcome only if they are associated with a competing Team or as a guest of FURE. Visitors associated with a team will need to register via the same process to gain access to the facility.

4.3. Fees and Payment Instructions

For Payments Made by Check

All checks <u>must</u> be in US dollars only and <u>must</u> be made payable to: *Foundation for Underwater Research and Education*

The Team Registration Form and payment must be sent via U.S. Mail to:

F.U.R.E. P.O. Box 40156 Arlington, VA 22204 USA

For Payments Made by Domestic and International Wire Transfers

If you make payments by this method, you must also complete the Team Registration Form and send via postal service to the address above.

Bank Name:	Wells Fargo Bank, NA
City/State:	San Francisco, CA
Routing Transit # (Domestic):	121000248
Routing Transit # (International):	WFBIUS6S
Acct #:	9044450121
Acct Name:	Foundation for Underwater Research and Education

An electronic transfer option via wire transfer exists to pay entry fees. There is an additional bank fee of \$30.00 for U.S. bank funds transfer and \$45.00 for International bank funds transfer. You MUST add the appropriate transfer fee in the total amount paid when you submit this information to your bank. In other words, a \$1000.00 registration fee becomes \$1045.00 if done by wire transfer from a foreign bank.

Please contact Ms. Pamela Corry at <u>FURE.Treasurer@internationalsubmarineraces.org</u> if you have any questions.

4.4. Visas and Letters of Invitation

Citizens of certain foreign countries must obtain a US Visa to attend the races. For more information, please review <u>http://travel.state.gov/visa/</u>

IMPORTANT! Participants who require a U.S. visa are encouraged to start the application process EARLY. Processing times vary by country and the embassy/consulate. SOME VISAS HAVE A PROCESSING TIME OF SEVERAL MONTHS.

<u>Letter of Invitation</u> - If your country requires you to have a Letter of Invitation from FURE, please include the following information in an email request to our Contestant Liaison (contestant.liaison@internationalsubmarineraces.org):

Full name, as shown on your passport – Indicate FAMILY NAME in ALL CAPS School or Company Complete Mailing Address including COUNTRY Email address Phone/FAX Travel dates to/from the U.S.

Your request will be acknowledged within approximately 48 - 72 hours with an invitation letter.

4.5. ISR 18 Race Week Schedule Overview

The final detailed race week schedule will be published on the web site <u>http://www.internationalsubmarineraces.org</u> in advance of race week.

SATURDAY JUNE 21, 2025

0900 - 1200 ISR 18 Registration - Team Registration, Watergate Room, Best Western Rockville Hotel & Suites - Rockville, MD

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1200 - 1700	ISR Volunteer and Contestant Registration, Watergate Room,
	Best Western Rockville Hotel & Suites – Rockville, MD
1800 - 2100	ISR FURE Volunteer Briefing,
	Best Western Rockville Hotel & Suites – Rockville, MD
	(For FURE volunteers only – light dinner will be served)

NOTE: NO ENTRY to Naval Surface Warfare Center - Carderock Division (NSWCCD) / David Taylor Model Basin (DTMB) on <u>Saturday June 21</u>

SUNDAY JUNE 22, 2025

0630	Breakfast opens for those staying at Best Western Rockville Hotel
0730	NSWCCD - Gates Open
0800 - 0900	Race Operations Volunteer Briefing, David Taylor Model Basin, (DTMB) East End
0900 - 1600	Course Set-Up at DTMB
0730 - 1600	Contestant and Volunteer Registration, Watergate Room, Best Western Rockville Hotel & Suites – Rockville, MD
0800 - 1530	Contestant Staging & Parking Assignments at DTMB
0900 - 1530	Contestant Compliance-Dry Safety Inspections at DTMB
1600	Depart NSWCCD Property
1700	First Group Contestant Briefing, Ballroom, Best Western Rockville Hotel & Suites – Rockville, MD
1700 - 2100	Contestant Diving Paperwork Review and Approval, Watergate Room, Best Western Rockville

Hotel & Suites – Rockville, MD
 Second Group Contestant Briefing, Ballroom, Best Western Rockville Hotel & Suites – Rockville, MD

MONDAY JUNE 23, 2025

0545	Breakfast opens for those staying at Best Western Rockville Hotel
0730	NSWC-CD - Gates Open
0730 - 1600	Contestant Registration, Front Gate, DTMB
0800 - 0815	Contestant Briefing at DTMB East End; Followed by Racing
0830 - 1600	Compliance and In-Water Safety Inspections at DTMB
1700	Racing Stop
1800	Depart NSWC-CD Property

TUESDAY JUNE 24, 2025

0545	Breakfast opens for those staying at Best Western Rockville Hotel
0730	NSWCCD - Gates Open
0800 - 0815	Contestant Briefing at DTMB East End; Followed by Racing
0830 - 1600	Compliance and In-Water Safety Inspections at DTMB
1700	Racing Stop - ISR Staff Briefing at East End of basin
1800	Depart NSWC-CD Property

WEDNESDAY JUNE 25, 2025

0545	Breakfast opens for those staying at Best Western Rockville Hotel
0730	NSWC-CD - Gates Open
0800 - 0815	Contestant Briefing at DTMB East End; Followed by Racing
0830 - 1500	Compliance and In-Water Safety Inspections at DTMB
1600	Racing Stop
1800	Depart NSWCCD Property

THURSDAY JUNE 26, 20250545Breakfast opens for those staying at Best Western Rockville Hotel

0730	NSWCCD - Gates Open
0745	Group Photo Shoot - All Boats East End Parking Area
0800 - 0815	Contestant Briefing at DTMB East End; Followed by Racing
0830 - 1600	Compliance and In-Water Safety Inspections at DTMB
1300 - 1600	VIP Tours - DTMB East End
1500 - 1700	VIP Reception, DTMB, East End of Basin
	Sponsored by XXXXX
1700	Racing Stop
1800	Depart NSWCCD Property

FRIDAY JUNE 27, 2025

0545	Breakfast opens for those staying at Best Western Rockville Hotel
0730	NSWCCD - Gates Open
0800 - 0815	Contestant Briefing at DTMB East End; Followed by Racing; Including possibility of limited
	Two-Boat Racing
1200	Racing Stop – END OF RACING
1200 - 1430	Breakdown, Stow, and Clean DTMB
1210 - 1345	Closing Picnic for all volunteers and contestants just outside DTMB East End
	Sponsored by xxxx
1400 - 1600	Awards Ceremony in Auditorium, Bldg. 40 (see Section 7)
1700	Depart NSWCCD Property – END OF ISR 18

SATURDAY JUNE 28, 2025

0800 NSWCCD - Gates Open to ISR Staff only – (Basin closed to contestants)

Schedule notes:

22 June 2025 (Sunday)

• Teams are allowed entry to NSWC Carderock after they have received their badges at the host hotel. We will offer dry safety checks starting at noon Sunday, 22 June 2025 for those submarine teams that are on site and prepared for the safety check. Because of the substantial resources gathered for this event and the large number of teams, you should maximize your use of the time available to be in the water.

23 - 27 June 2025 (Monday-Friday)

- (Monday) Teams should prepare for in-water inspections as soon as their boat passes dry inspection and team divers are cleared to dive. Racing will commence when the race course and timing & video systems are ready and at least one boat is approved and ready to race.
- Continuous racing throughout the week. Racing hours will normally be from 0800 to 1530 each day except for Friday when racing will end approximately at 1200. Other schedule events may reduce racing activities.

27 June 2025 (Friday)

- Races conclude no later than 1200.
- Submarine/Contestant Site breakdown. Return everything you borrowed. Prepare your submarine and related equipment for shipping.

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- (ISR staff only) ISR gear break-down and removal. Organize all ISR rental gear in central location for pickup.
- Awards ceremony and picnic

5. SUMMARY OF CRITICAL DEADLINES

This section consolidates all due dates specified and described in detail in individual sections within this document as a handy guide for contestants. Please reference those specific sections within this document to understand what is required, when and by whom.

Due Date	Item	Section
TBD	• Reservations open at host hotel with ISR 18 discount	11.3
24 January 2025	Initial Team Registration & Payment Due	4.1
31 January 2025	• Begin \$200 late fee assessment for all registrations or payments received after this date	4.1
16 February 2025	• Last date to withdraw from races to obtain full refund. If a team withdraws later than this date, there will be a \$150 penalty applied to the refund.	4.1
01 March 2025	• Electrical Drive Train Design Report Due to Head Judge	6.2.3
31 March 2025	• Last day for registration and payment (including \$200 late fee) due date	4.1
31 March 2025	• Submarine Specification Sheet template provided to teams	10.1
07 April 2025	• Submarine Specification Sheet submitted to Contestant Liaison	10.1
12 April 2025	• Copyright forms provided to Teams	10.4
Mid-May 2025	• All individual contestant registrations complete	4.2
05 May 2025	• 20-minute Presentation to Judging Committee sign- up schedule sheet provided to teams	10.3
15 May 2025	Final Design Report due to Head Judge	10.2
TBD 2025	Host hotel reservations end ISR 18 discounts	11.4
01 June 2025	• Earliest arrival date for submarines shipped to Carderock	11.3
02 June 2025	• Signed Copyright forms submitted by Teams to Head Judge	10.4
07 June 2025	• 20-minute Presentation PowerPoint file and or other documentation submitted via email to Head Judge	10.3
17 June 2025	• 20-minute Presentation schedule issued to all teams by Head Judge	10.3
21 June 2025	Registration/badging opens at host hotel	4.5
22 June 2025	• Contestants allowed to enter Carderock with badges	4.5
23 - 26 June 2025	• 20-minute Presentations made during race week.	10.3
27 June 2025	Race complete	

6. SUBMARINE DESIGN GUIDELINES

6.1. Definition

For the purpose of this event, a submarine shall be defined as a free flooding (liquid-filled) vehicle that **<u>fully encapsulates the occupant(s)</u>** and operates entirely beneath the surface of the water. The submarine may carry one or two persons. The submarine must fully encapsulate the occupant(s) for the entire race (e.g., premature release of the hatch is reason for disqualifying a run.) Entrants designed to propel themselves by crawling on the bottom are not submarines but tractors and are prohibited.

6.2. **Propulsion Systems**

6.2.1. Propeller system

A propeller system is defined as a water-coupled device with radiating blades that create thrust when spinning. Blades rotating in a vertical plane driven by a rotating shaft in the flow field external to the hull generally aligned with the direction of travel will be considered a propeller system.

6.2.2. Non-Propeller system

A non-propeller system is defined as any other water-coupled device that creates a thrust when operated. A bottom crawling vehicle is not a water-coupled device.

6.2.3. Permissible Types of Drive Trains

Drive trains that convert human power to activate the thrust producing system can be any combination of mechanical systems (series of gears and rotating or sliding shafts), fluid (pneumatic or hydraulic) systems (ensuring exhaust fluids do not create any vehicle propulsion), or low power direct current electrical systems. In all cases, there can be no energy storage device that stores energy before crossing the start line of a race and then releases it while on the course.

In the case of fluid drive train systems, no fluid can be released into the basin water that is not already present in the basin.

In the case of direct current electrical systems, or electrical drive train systems, Contestants must review and comply with the diver-safe electrical limits set forth in IMCA D 045, "Code of Practice for The Safe Use of Electricity Under Water". The publication gives safe voltages, safe distances, mitigation effects and application scenarios for the use of electricity under water. (30 V DC or 7.5 V AC is the maximum allowed without a trip device.) Teams using electrical drive train systems must submit a written report on the technical compliance with the limits called out in IMCA D 045 for the judges' review and approval by March 1st, 2025 to the Head Judge at <u>headjudge@internationalsubmarineraces.org</u>. It is best to send a notice to the Head Judge as soon as you decide to proceed with a system design to facilitate subsequent approval to operate.

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Submarine propulsion systems shall be directly coupled to a human being and shall not employ any energy devices. All power trains shall be direct-drive without the use of any de-coupling devices.

SCUBA exhaust air from the crew may be eliminated by any method at the discretion of the team but may not be used to produce a propulsive force. Teams are encouraged to give this considerable thought; any exhaust air trapped in the hull will cause major changes in trim and buoyancy.

In the case of a two-person submarine, BOTH of the crew may elect to provide propulsion. However, both crew members must be directly coupled to the drive train, i.e., pilots may not have a system where they could stop providing power by de-coupling. The pilot must retain the capability to provide navigational, safety, and steering functions.

6.3. Design Categories

All submarines participating in this event shall fall into one of the following categories:

<u>One-person submarine, propeller driven</u> --Colleges and Universities; High Schools, Corporate, and Independents

<u>One-person submarine, non-propeller driven</u> --Colleges and Universities; High Schools, Corporate, and Independents

<u>Two-person submarine, propeller driven</u> --Colleges and Universities; High Schools, Corporate, and Independents

<u>Two-person submarine, non-propeller driven</u> --Colleges and Universities; High Schools, Corporate, and Independents

6.4. Life-support Systems

All diving (submarine crew, team divers, and ISR staff divers) during the ISR will be conducted using air as a breathing gas and open-circuit SCUBA equipment.

6.4.1. Authorized SCUBA cylinders for ISR Use

- All SCUBA cylinders used in the Carderock facility must be stamped with DOT and other appropriate markings as approved by the US Department of Transportation (HMR: 49 CFR Parts 171-180). As there is joint rulemaking with Canada, tanks stamped with DOT/CTC or DOT/TC (CTC = Canadian Transport Commission; TC = Transport Canada) may also be used.
- All cylinders in use must comply with appropriate DOT / CGA regulations with regards to visual inspection and hydrostatic testing periods. Required visual inspections such as those performed annually by a dive shop will not be performed by ISR staff.
- The use of aluminum cylinders manufactured from Alloy #6351-T6 (Luxfer, Walter Kidde, and others) during the period January 1972 through

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approximately December 1988 will not be allowed. The cylinders have an unacceptable risk of failure due to the sustained load cracking (SLC) of the tank neck (HMR; 49 CFR Parts 171-180).

6.4.2. Submarine Primary air supply

The primary air supply shall be carried onboard the submarine and have the calculated capacity to contain the air supply for a minimum of one speed run, plus 150% in reserve capacity for each crew member. Calculations shall be provided as part of the teams' design report.

At all times, all primary submarine air supplies shall have pressure gauges that must be continuously and clearly visible to the internal submarine crew. Submarine crews are required to monitor their own air supply and shall not allow their air supply to fall below 500 psi. Random checks may be performed at any time by ISR Dive Staff.

6.4.3. Submarine Secondary (Reserve) air supply

The secondary air supply for each crew member shall be self-contained and worn securely on the body or fastened with Velcro or clipped in an accessible location in front of the pilot in the submarine. It shall have sufficient capacity to enable the crew member to exit the submarine and ascend from the bottom of the model basin at a proper rate to the surface. (Note: once the submarine is on the race course (or has stopped along the course), the crew should not exit the submarine until instructed to do so by Navy divers.) This air supply can be utilized for such duties as getting into the submarine and preparing for a run.

Teams are responsible for providing their own adaptors to permit filling of "Spare Air" or similar cylinders.

6.4.4. On-Board Pneumatic systems

Any pneumatic systems on a submarine must have their own independent air supply separate from the crew's primary and secondary air supplies.

6.4.5. Support Diver air supply

All support divers must be equipped with an alternate air source (additional second stage, AIR II, pony bottle, Spare Air, etc.) to allow support of submarine crew activities, such as ingress/egress of the submarine while submerged.

Additional information on diving equipment can be found in Section 8, Diver Information.

6.5. Submarine Safety Requirements

6.5.1. Submarine coloration

It is required for the purpose of easy monitoring that the entire submarine be painted with high-visibility coloration, using lighter colors like white, yellow,

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or orange. In all cases, the entire dorsal (top) surface of the submarine (when viewed from above) must be of a light color for monitoring of the submarine while it is on the race course. A white reflective strip at least 3 inches wide is required for the entire length of the submarine hull on both port and starboard sides of the vessel. Hull numbers will not be assigned to each submarine. For the purpose of precise identification, it is required that the contestants feature the team or submarine name prominently on the hull. The listing of sponsors, affiliates, or team members is acceptable. Propeller tips and control surface tips shall be painted or marked in fluorescent green, bright yellow, or bright orange for easy visibility by divers and support personnel. Protrusions from the hull, such as bolts or other items with sharp edges must be covered with a cap or reflective tape if they cannot be cut off smooth with the submarine's hull.

6.5.2. Rescue egress

Any and all exits that are to be used by a submarine crew for emergency egress shall be clearly marked at the location of the handle or release mechanism by a 4" square orange patch bearing the word "Rescue." If this is not possible, the handle or release mechanism must be clearly marked with highly visible fluorescent tape. The handle or release mechanism shall be easily accessible from both inside and outside the submarine. Modifications to the markings and release may be required following inspection by the judges and Navy divers. Submarines with two pilots onboard must have clearly legible markings near the "Rescue" markings denoting that there are two pilots aboard. Crew egress hatch(es)shall be positively buoyant and either tethered to the hull or hinged to it.

6.5.3. Crew restraints

Any method of attachment of a crew member to the submarine, such as restraining harnesses or toe-clips, must have the release system clearly marked with orange paint or florescent tape. The shoes worn by the pilot(s) must also be painted orange if they clip into the pedals. During both the dry and in-water safety inspections, the judges will ensure that these requirements are satisfied, and the team will identify to the rescue divers the specific release points for their submarine. Pilots must also wear a safety harness to assist the safety divers to pull the pilots out of the submarine and into the chase boat, and to assist in getting the pilots over the basin wall and out of the basin.

6.5.4. Crew visibility

Viewports, windows, canopies, etc., shall be located on the submarine so that the crew has as unrestricted a view as possible, especially forward and down in the case of the pilot. The crew's face and head areas shall also be visible to the support and safety divers at all times.

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6.5.5. Strobe marking light

There shall be strobe lights on the top and bottom, and on the port and starboard sides of each submarine. Each submarine shall carry a white strobe light that is visible for 360 degrees in the horizontal plane and visible when viewed from above or below the submarine. In addition, there must be a white strobe that is visible for 360 degrees in the vertical plane on each side (port/starboard) when viewed from the side, the rear, or the front of the submarine. Multiple strobe lights are acceptable if needed to meet this requirement. The strobe light shall not be part of the emergency pop-up buoy. The light shall be operating whenever the submarine. It is recommended that batteries be changed frequently, depending on usage and that you have spare(s) light assemblies in case of light failures (e.g., flooding).

6.5.6. Emergency Pop-Up Buoy

All submarines shall carry a high visibility buoy that will release from the hull and float to the surface when an emergency occurs. The float shall be free floating with continuous positive buoyancy and have the following minimum specifications:

- Color: Bright/fluorescent orange or yellow
- Shape/Size: Rounded, at least 4" in smallest dimension

Each crew member shall be able to release the float in the event of emergency or disablement. Locking devices on the release mechanisms may be employed during staging to prevent inadvertent buoy release, but the release mechanism MUST be activated and not locked whenever the submarine is actively racing or whenever occupied by crew members. The release mechanism must be a "deadman" switch that automatically releases the buoy to deploy to the surface upon the incapacitation of the submarine pilot(s). The release of this buoy will initiate an emergency rescue by the Navy divers, whose primary interest will be getting the crew member out of the submarine and to the surface as quickly as possible. If a buoy is accidentally released, the Navy divers will deploy and the run will be considered aborted. All propulsion on the submarine must stop if the emergency buoy is released.

6.6. Other Requirements

6.6.1. Submarine Width Limitations

The only method of entry for submarines into the water is via the basin's elevator. As such, the maximum width permitted of a submarine is 84 inches (2.13 meters). It is acceptable to remove parts of the submarine or have folding components to meet this width limitation and then reattach or move such parts once the submarine is in the water.

6.6.2. Submarine Draining

The submarine must drain freely within three minutes when raised out of the water using the basin's elevator. That is, the water must flow freely out of the submarine such that it can be raised out of the water and moved off the elevator without having to stop the elevator to allow the submarine to drain (this allows for quicker access

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to the water for racing of all boats.) No submarines will be allowed to leave the lift area while draining water. Drainage apertures must allow the water to drain from the low point of the hull.

6.6.3. Launch cradle

The launch cradle must not float off the basin elevator during submarine lowering into or recovery from the water. This may be accomplished through negative buoyancy and/or the use of straps to secure the cart to the elevator. Cradles should have a minimum of 4" diameter caster style wheels for easy movement over the elevator floor grates and be sturdy enough to withstand travel between the team's work area and the basin's elevator.

6.6.4. Team Land (Dry) Wireless Communications

During the races, the use of cell phone-based systems or US Federal Communications approved Family Radio Service radios is permitted for the teams' land-based communications. Any other method of land based wireless communication must be approved by the Race Director to avoid communications interference.

6.6.5. Team Underwater Communications

Wired submarine crew intercommunication systems are allowed but must be fully described in your basic design outline, so that they can be reviewed by the judging panel.

Team and crew underwater, wireless communications systems are prohibited due to potential interference with ISR underwater race communication systems.

6.6.6. Sonic and Laser emissions from submarines

Sonic Transducers: Teams will be allowed to utilize commercially available ultrasonic (>20 kHz) transducers as part of a navigating or control system, with the submission of the make and model of the transducer along with manufacturer's specifications on frequency and power output to FURE's Head Judge as soon as possible and at least 30 days prior to ISR 18. Sonar transducer heads shall be clearly marked on the outside of the submarine by clearly visible paint or other markings. Teams will specifically discuss the operation of the sonic transducer in the design report and in conjunction with the initial dry inspection by the ISR judges, including ability to switch sonar transducer on and off. Teams must receive approval from FURE's Head Judge prior to the device being operated in an ISR race.

Teams will be allowed to utilize commercially available sonar transducers operating below 20 kHz only with scientific calculations that quantify the Mechanical Index and the Thermal Index metrics in a reverberant environment submitted for review by FURE's ISR Head Judge as soon as possible and at least 30 days in advance of an ISR race.

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Laser emissions from submarines will be allowed only if the laser emitter complies with American National Standards Institute ANSI Z136.1 for Class 1 or Class 1M lasers. Teams shall submit the make and model of the emitter along with manufacturer's certification to ANSI Z136.1 to FURE's Head Judge as soon as possible and at least 30 days prior to ISR 18. Teams must have approval from FURE's Head Judge prior to the device being operated in an ISR race.

6.6.7. Automatic Control Systems for Steering & Diving and Navigation

Use of automatic control systems for steering, diving, and navigation functions can add a significantly increased complexity to submarine systems, while potentially removing workload from the submarine pilot. Many automatic control systems have been used to varying degrees of success in prior races to control on-board systems. Teams must weigh the benefits of automatic control systems with the inherent complexity and increased failure rates versus more simple control systems. For automatic control systems, teams must identify in their Design Report the factors surrounding their system design, including sensor hazards to operators and safety divers, electrical shock hazards, dangerous failure modes, and fail-safe operating modes. Pilot-controlled backup control systems must be installed on submarines with automatic control systems.

6.6.8. Drag Reduction Materials and Submarine Fluids

Beyond the use of waxes on the submarine's hull and fins, the use of drag-reduction material applied to the hull and appendages is prohibited. The submarine shall not release any type of fluid or other material other than air bubbles into the basin's waters. Designs for proposed air injection systems must include the following criteria:

- The air injection system must have an independent air source, separate from the pilot's primary or secondary air supply.
- The design must include provisions for the release of compressed air from the submarine in the event of a mechanical failure without impacting the buoyancy of the submarine. Trapped air can result in a rapid uncontrolled ascent, which may result in injury to the driver or divers outside of the submarine. This safety system must be described in the submitted design report.
- The release of bubbles by an injection system cannot obscure the pilot's vision or otherwise hinder the pilot's ability to safely maneuver the submarine. Bubble release, operational or emergency, also must not obscure the vision of safety/rescue divers.
- The air injection system must pass both the dry safety inspection and wet safety inspection (including a successful demonstration of the system that prevents uncontrolled ascents) prior to the air injection system being allowed for use during a run on the racecourse.

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• The Race Director, at their discretion, may require the air injection system to be disabled should any safety concerns be identified during safety inspections or racing.

6.6.9. Reuse of Boats in ISR 18

Colleges and Universities shall only enter in ISR 18:

1. A brand new submarine hull, or an older hull that has a major design change i.e., converted from propeller to non-propeller, vice-versa or control system change. In this case the submarine's name shall be its old name with the words "Mod 1" added.

OR

2. A submarine that did not make a successful race course run during any previous International Submarine Race.

In the case of 1. or 2. above, a team's second submarine entry may be from any previous ISR.

The reuse prohibition described above does not apply to independent teams or high schools.

7. AWARDS AND RECORDS

The following awards will be given to the contestants at the 18th ISR.

7.1. Overall Performance:

A trophy and \$TBD award are awarded to the submarine team from any design category that displays the best overall performance. The ranking of Overall Performance is determined by quantifying a weighted seventeen parameter Figure of Merit (FOM) for each team and submarine. The FOM composition includes aspects of other award criteria and the team's attitude, persistence, and resourcefulness. The runner up team in this category will receive a plaque and \$500.

7.2. Most Innovative Propulsion System (Non-Propeller) Award.

A plaque and \$TBD cash award are given to recognize the submarine team from any design category that successfully incorporates the most innovative design and resultant performance for a non-propeller propulsion system.

7.3. Best Use of Technology Award.

A plaque and \$TBD cash award are given to the team in any design category that exhibits the best and most successful use of technology to support their vessel's design, construction, and/or performance.

7.4. Absolute Speed Award

A plaque is awarded to the submarine team with the fastest speed of the race from any of the design categories. If the speed sets a new speed record, \$TBD will be awarded in addition to the plaque.

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7.5. Best Design Outline

A plaque is awarded to the team that submits the best design outline report on their submarine.

7.6. Smooth Operator Award

A plaque is awarded to a team in recognition of their efficiency in staging for the race course, racing the course, troubleshooting as necessary, and otherwise preparing for their next run. The winner will be selected by the Surface Operations Director and ISR Dive Staff.

7.7. Best Spirit of the Races

A plaque is awarded to the submarine team that displays the best gusto, fortitude, support for the other teams, and overall best spirit. The winner will be selected by the submarine teams themselves and is awarded in memory of the late ISR contestant, Steve Barton of team Sublime.

7.8. Fastest speed by category

Certificates are awarded to first place and runner-up speed finishers in each design category. In the case that there are fewer than three submarine entries in a category, only first place will be awarded.

7.9. Participation plaques with photos

All teams will be presented photo plaques.

Current Records

The current record holders from previous races are as follows:

Category		Race	Year	Speed	Submarine	Organization
One Person	Propeller	ISR13	2015	7.42 kts	WASUB VI	Delft University of Technology
	Non-Propeller	ISR10	2009	4.92 kts	OMER 6	Ecole de Technologie Superieure
Two Person	Propeller	ISR9	2007	8.03 kts	OMER 5	Ecole de Technologie Superieure
	Non-Propeller	ISR11	2011	6.10 kts	MIGHTY MID	U.S. Naval Academy

8. **DIVER INFORMATION**

8.1. Diver Certification

All sub team members and in-water support crew who want to dive must have a valid Openwater certification from a nationally recognized diver certification organization such as NAUI, PADI, YMCA, etc. or be able to document equivalent experience and training (USN, USCG, etc.). The minimum age for certified divers at the races is 15. Anyone not having this certification or experience will not be allowed to dive. Questions regarding diver status and eligibility should be submitted to the Supervisor of Diving as soon as possible and no later than at least one month prior to ISR. A copy of the certification or training must be submitted to the ISR Dive Staff at the event Registration. All divers must have their certification cards with them for review at the event and the Supervisor of Diving has the authority to require a check-out dive for any diver as a condition of receiving authorization to dive at NSWC Carderock. Contestants who do not have diving credentials listed above but wish to be considered as "surface swimmers only," should submit their registration paperwork as a diver. Your skill level will be evaluated by the ISR Dive Staff, and you may or may not be allowed in the water.

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The ISR Supervisor of Diving will review the medical history of all contestants requesting entry into the water. The ISR Supervisor of Diving has the sole discretion to approve any contestant to enter the water based on such review of medical history as documented on the medical history form, physical condition, and any other information intended to manage the risk and the safety of all participants. The ISR Supervisor of Diving can review a doctor's letter approving a person to dive and either accept it or reject it.

> Important Note: If you have any unusual medical history or special circumstances (including conditions not specifically delineated in the Medical History form for an Individual Registration) or any questions about your ability to dive at the ISR, please contact the ISR Supervisor of Diving well in advance of ISR at: <u>Dive.Supervisor@internationalsubmarineraces.org</u>

8.2. Checkout Schedule

Diver and equipment reviews, cylinder checks, and any necessary diver checkouts will primarily be conducted during the first two days of Race Week. As determined by the Supervisor of Diving, any diver may be directed to perform a check-out dive with the Supervisor of Diving's Staff. After the initial period, additional diver needs will be handled on a case-by-case basis at the discretion of the Supervisor of Diving.

8.3. Diving Equipment

All divers are responsible for the condition, function, and performance of their equipment. However, the Supervisor of Diving has the authority to inspect the condition of diving equipment and possibly forbid its use.

All divers will receive a pre-dive check from a member of the Supervisor of Diving's staff before being allowed to enter the water on every dive. It is the responsibility of every diver to ensure that their equipment is present and fully functional before entering the dive station area. Divers/teams who are not ready will be sent away to remediate problems and lose their place in the queue.

8.3.1. Regulators and Buoyancy Compensation Devices (BCDs)

- All breathing air must be delivered via an open circuit SCUBA regulator. **Rebreather units are not allowed.** All breathing air used by contestants shall be compressed normal atmospheric air. Special air mixes such as Nitrox are prohibited.
- The brand of regulators used for both primary and secondary air supplies, as well as those used by support divers, is left to the discretion of the submarine team, but it is strongly advised that the brand selected be well-known and have a good track record.
- Regulators shall be equipped with an alternate air source (octopus) and pressure gauge. BCD-mounted alternate air sources (AIR II, Air Source,

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etc.), diver-mounted pony bottles or Spare Air units are acceptable substitutes for an octopus.

- All regulators should be checked and/or serviced by a qualified service technician prior to the event.
- All BCDs must be in working order and be equipped with low-pressure inflators.
- All equipment hoses, gauges, alternate air sources, etc. must be secured to the diver in a streamlined fashion to prevent entanglement or damage.

8.3.2. Weight Systems

- Any divers using pellet weight belts or weight pockets must ensure the units exhibit no damage that may lead to pellet spillage into the Model Basin.
- All personal weights required for a diver to submerge must be carried in some form of quick-release system.
- Divers must be able to open weight belt buckles with one hand and remove the belt from their body as necessary. Excess belt material should be trimmed prior to diving.
- Weight harnesses with functioning quick-release pockets are acceptable.
- Weight-integrated BCDs may be used if the weights are contained within the quick-release pockets.
- Ankle weights may be used.

8.3.3. Cylinders

- All SCUBA cylinders used in the Carderock facility must be stamped with DOT and other appropriate markings as approved by the US Department of Transportation (HMR: 49 CFR Parts 171-180). As there is joint rulemaking with Canada, tanks stamped with DOT/CTC or DOT/TC (CTC = Canadian Transport Commission; TC = Transport Canada) may also be used.
- The use of aluminum cylinders manufactured from Alloy #6351-T6 (Luxfer, Walter Kidde, and others) during the period January 1972 through approximately December 1988 will not be allowed. The cylinders have an unacceptable risk of failure due to sustained load cracking (SLC) of the tank neck (HMR; 49 CFR Parts 171-180).
- As per DOT regulations and CGA guidelines, all cylinders must have current hydrostatic test dates stamped on the shoulder and have current visual inspection (VIP) stickers.
- All cylinders will be reviewed by the Supervisor of Diving's Staff prior to use at the ISR. Approved cylinders will receive a sticker for use during the races. No cylinder will be filled by the Navy if the sticker is missing.
- All Spare Air regulators must be in good working order and cylinders must have current hydrostatic test dates and current visual inspection (VIP) stickers as recommended by the manufacturer.
- Divers using Spare Air systems are required to have the proper equipment for filling these cylinders. The Navy personnel filling the cylinders are not

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responsible for filling Spare Air cylinders and may refuse to do so if the diver does not supply the proper equipment.

• Cylinders will be filled on-site by personnel and equipment supplied by the Navy. Empty cylinders to be filled are to be left at the designated fill station. Filled cylinders will be returned to adjacent tank area. To facilitate this process, teams/divers should label their cylinders to identify ownership.

8.3.4. Crew Comfort

- The model basin water is not heated and even though the building is fully enclosed, the temperature of the water is a chilly 60-65 degrees F. It is strongly recommended that the crew and support divers wear dry or wet suits, gloves, hoods, and booties to protect against possible hypothermia.
- The contestants are also advised to leave the water, when they are not actively preparing or operating their submarine, in order to **limit exposure time**.
- Contestants are advised to bring hand-held, battery-operated underwater lights to facilitate work on their submarines when submerged.

8.4. Monitoring of Air Supply

All divers are required to monitor their own air supply and shall not allow their air supply to fall below 500 psi. The Supervisor of Diving and staff have complete discretionary authority with regard to allowing divers to enter the water, especially with less than a full cylinder of air. Divers and submarine crews must have sufficient air to complete their task (sub race, support assignment, etc.) safely and return to the dive station with a minimum of 500 psi.

8.5. Safety Inspections

person subs).

Prior to being certified to race for the first time, each submarine shall receive two inspections to ensure maximum crew safety and compliance with submarine design rules– a dry inspection and an in-water inspection. The inspections shall be performed by one or more judges and/or Supervisor of Diving staff, who may be accompanied by members of the Navy dive team, so that they can familiarize themselves with construction of the submarine and the location of hatch handles, crew restraint releases, etc. When you have completed assembling your submarine, notify the Surface Operations staff, so they can schedule your dry inspection. After passing the dry inspection, ensure that all your divers have been approved to dive by the Supervisor of Diving's staff, and have all of your dive equipment ready. Again, notify the Surface Operations staff, so they can schedule your in-water inspection. Teams will be expected to be on station and ready to dive at their appointed time. Teams that are unprepared will be moved to the end of the line. The in-water inspection shall occur when the submarine has been placed on the bottom of the model basin along with a full crew. The crew shall be asked to perform an emergency egress and demonstrate the operation of the emergency pop-up buoy (from both positions in the case of two-

Once each submarine has passed both inspections, an adhesive sticker will be placed on the hull to signify compliance and is your authorization to request to race.

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8.6. Safety Precautions

Safety is everyone's responsibility. Every precaution is being taken to ensure that this event will be run as safely as possible. There will be qualified rescue divers stationed along the course, so that one is always near the racing submarine.

A qualified Supervisor of Diving will be on hand at all times to monitor and coordinate underwater activities. The sub crew and support divers are required to inform the Supervisor of Diving when entering and leaving the water so that he can be aware of their activities. The Supervisor of Diving is responsible for your safety and the smooth operation of the races. Please pay close attention to any instructions given by this individual or any member of his staff. Qualified emergency response personnel shall be on hand at all times to react to any accidents. They will be completely equipped to handle injuries and will have an emergency vehicle for transportation. Arrangements have also been made for medical evacuation if required. Emergency or urgent care may be provided by an on-site US Navy Corpsman or doctor, if warranted. In the case of minor injuries not requiring an ambulance, teams will be responsible for providing transportation to a local hospital's emergency room.

All divers will enter and leave the water through the dive station. All persons entering the water will check in with the Supervisor of Diving's staff and surrender their ID. Similarly, everyone must check in with the dive staff and retrieve their ID before leaving the dive station area.

Each submarine team shall be responsible for training crew and support divers for emergency egress. Teams should practice this exercise underwater until all involved are thoroughly familiar with the procedure. Teams are also encouraged to act responsibly and safely with regard to other submarine crews and underwater personnel. As there are several objects that protrude from the side of the basin at the surface, like the wave attenuators, and several objects that float upon the basin surface, like boats, all divers are advised to take the usual precautions when surfacing. In general, stay alert and be aware of your surroundings when underwater. Carrying a light is advisable for your own use and also to mark your presence for others. The traffic areas around the ends and sides of the basin are concrete and when wet, they may become slippery. Non-skid footwear like dive boots, reef walkers, or boat shoes are recommended. Open toed shoes and flip flops are prohibited on and around the model basin's in-water elevator area.

All persons inside the model basin carriage rails MUST wear either a United States Coast Guard Approved Type I, II, III, or Type V Personal Flotation Device (PFD) that is in good serviceable condition and appropriately sized for the intended user. A wet suit with sufficient buoyancy to float the wearer is an acceptable substitute. The wearing of the PFD is required at any time and for any reason when inside the rails. Please have enough PFD's for all team support staff that will retrieve carts or bring in water support items.

9. **OPERATIONS**

9.1. Facility Description

The David Taylor Model Basin consists of a large, in-ground, freshwater basin approximately 3000 feet long, 51 feet wide, and 22 feet deep. The water is filtered and kept very clear, but because of the extremely large volume of water in the tank, the filtration cycle is very long, and

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suspended sediment will cloud the water all day if stirred up. To maximize visibility, all divers are requested to minimize disruption of the water near the bottom of the tank.

There are separate bathroom and showering facilities for women and men. There is a cafeteria on the facility open to all event participants.

Be advised that water in the basin is untreated for biologics. It is recommended to take hot showers and use ear drops at the end of each diving day.

Some of the model basin's main equipment consists of large platforms mounted on wheeled carriages which move up and down the model basin on rails placed upon the model basin's walls. These rails are extremely sensitive, even when covered. Care must be taken not to walk near or place anything on them. Divers shall not cross the rails and extreme care taken when passing lightweight equipment over them. Additionally, no one shall be permitted to stand on, lean on, or sit on the walls along the basin that supports the carriage rails.

We are guests in the David Taylor Model Basin and are not allowed access to areas outside of the ISR event area.

Please see the latest Race Week Schedule which will be posted on the ISR website <u>http://www.internationalsubmarineraces.org/</u> for the times of the basin's opening and closings. It is important to arrive early to allow everyone time to pass through security. Vehicles and their occupants may be searched while entering or leaving the facility, at the discretion of base security personnel. At the end of the day, everyone must be prepared to leave by the published time, so start wrapping things up and cleaning beforehand.

If you are competing within a time constraint during race week, you may elect to come to the ISR for just long enough to run your submarine and get a satisfactory run. Accordingly, contestants should notify the Race Director of any time constraints so appropriate arrangements can be made. However, we encourage all teams to attend the races for as long as possible, especially in light of the fact that submarines and their teams will be judged in categories other than speed.

The generous support of NSWC Carderock personnel make this event possible. Therefore, please give them your highest respect, obey their directions, and honor their workplace.

9.2. Course Layout and Marking

The course travels the approximate center of the basin and its general layout is as follows:



The center of the course will be marked along its entire length by underwater rope lights that will be weighted to stay on the bottom. There will be a 30 meter acceleration zone leading to the start line. Timing target gates will be located at the start line at 0 meters and at the finish line at 100 meters. These target poles are constructed of white PVC tubing approximately 8 meters apart and will be precisely measured and located. They will be rigid enough to support their equipment, but flexible enough to sustain a major collision; and the measuring system used will allow them to be precisely and quickly relocated.

The cross section diagram provides the general layout of the start and finish line timing poles and cameras. Submarines can navigate low and right or high and left on the course which may prohibit observation by the timing cameras and result in a successful run but without a speed measurement. In these cases, the Race Director has the sole discretion to designate a successful run.

The start line is illuminated with lights of a particular color so as to differentiate it from the finish line. Submarine speed will be recorded for the entire 100 meter race course. A successful run for a submarine is to navigate across the start line (through the timing gate) and across the finish line (through the timing gate).

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Underwater video cameras will be running continuously to record each submarine as it passes through each timing gate. The cameras will be placed on the timing gates and will have a wideangle view so that they will see the submarine pass by at most depths. Contestants should be aware that there will be continuous white incandescent lights illuminating each timing gate area so that the timing cameras can view the submarines clearly. Every effort will be made to clean all accumulated silt from the bottom of the basin. The water itself is filtered and is completely clear. Reduced visibility produced from bottom sediments being stirred up can cause a problem with the visibility of the submarine crews and the timing cameras. Therefore, all divers are strongly discouraged from swimming close to the bottom anywhere within the race course boundaries, and the areas just before and after it, unless in an emergency situation

The 100 meter finish line is vividly marked with red lights. In addition to the red lights safety divers and Navy support divers will be present past the finish line. Submarines must cease propulsion upon reaching the 100 meter finish line. Submarines passing this point will find the tow basin quite dark and there will be no surface support in this area. A cargo net is hung to catch submarines from going too far beyond the finish line.

Teams shall not hit the timing gates. Damaged gates will close the race course for repairs causing delays in the race. Avoid hitting the manned and unmanned mobile and fixed cameras located at various places on the course. These cameras feed non-timing-related video to the surface.

9.3. Submarine Preparation

Upon arrival, each team will be assigned an outdoor area in the parking lots and grass adjacent to the working end of the basin. The exact size of the area for each sub and crew will be determined by the number of submarines that will have to be positioned there. The space should be large enough to contain a storage vehicle, the submarine, dive gear, tools, tables and sufficient working space. There will be limited power available both in and outside of the building. In the outside area where all the submarine teams will be located, power is very limited. It is strongly suggested that contestants supply their own generators. NSWC Carderock environmental regulations require storing the gasoline for the generators in a secondary containment system such as a hard plastic concrete mixing pan or similar item to prevent spillage onto the ground.

It gets very hot during June and July in Washington, DC. Shade cover, sunscreen, and constant hydration are strongly recommended.

It may be helpful if teams come with a van or large truck in which to store nonessential gear and work on their submarine. The use of power tools, epoxies, paint, etc. is permitted, but please be aware that teams are responsible for completely cleaning up any debris or stains resulting from the process. Any chemical which is considered to be hazardous to health or environment must be accompanied by a Material Safety Data Sheet (MSDS). Be considerate to the other teams and the people who work at the basin. The disposal of any epoxy, paint, solvent, or petroleum-based product is expressly forbidden unless supervised by NSWC Carderock personnel.

When the work on a submarine is complete and the crew is ready to deploy, a crew representative will notify the Surface Operations Director. The ISR committee will send Judges and safety divers to your area to perform the dry safety inspection. Submarine entry to the building is coordinated by the Surface Operations Director. However, space inside the building is somewhat limited and

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priority will be given to those in their final stages of preparation or already in the queue. Once passed, you will join the queue awaiting entrance into the basin. It is likely that additional racing time will be available for those who are prepared when others are not. There will be a big advantage in coming to the races as early and staying as long as possible.

9.4. Submarine Launching

For ease of transportation around the facility and for launching, it is recommended that your submarine have a cradle with wheels or some sort of cart to move it around on. If you launch your submarine using this device, it must be negatively buoyant or secured to the dry dock elevator so that it does not float during launch and recovery. The working end of the basin has a platform with an in-water elevator. Submarines will be moved into position on the elevator at the direction of the Supervisor of Diving's Staff. The elevator will then be lowered and the sub eased off by the crew and support divers. Team crew members with personal floatation devices (PFDs) must remove the cradle from the elevator and the building after the submarine is launched. Cradles should have a minimum of 4" diameter caster style wheels for easy movement over the elevator floor grating.

9.5. Removing the Submarine from the water

Upon determining that the submarine is ready to be removed from the water, request permission from the Supervisor of Diving who will coordinate with the Surface Operations Director. Cradles are not to be brought into the basin area until given permission. Recovery will be by the reverse process of launching. Team crew members with PFDs move the cradle onto the elevator and secure it. After the submarine drains all water, the crew can move the submarine and cradle off the dry dock elevator. The submarine should immediately be removed from the building.

9.6. Submarine Staging for Racing

In the working end of the basin beyond the lowering elevator the 'beaches' will be staging areas. After the Supervisor of Diving has cleared your team to launch, you will be directed to one of these spots. This will give your crew time to ballast and balance the submarine and check out all of the systems. Your submarine will still receive a visual safety inspection by the Dive Staff every time it is launched. When you are prepared to race, one of your support divers will surface and notify the Racing Starter that you are ready to race. In the event of a long delay, it may be wise to get out of the water and stay warm; but be ready to go as soon as you are called.

9.7. Course Operations

When your submarine is called, prepare to move it into the course starting area. Try to keep your support diving crew small to avoid excessive traffic in the starting area. If there is a submarine already poised to launch in that position, avoid it and allow it to launch unhindered, and then move into the start position. From this time on, you will have a maximum of ten minutes for final preparation for launching your submarine. If you exceed this time without launching, you may have to move out of position and be placed at the back of the queue if other submarines are ready. There is 30 meters between the staging area (at the beach) and the start line. All submarines have the option of starting anywhere along this acceleration area. You can use the whole 30 meters for your run-up, start at the start line timing gate, or anywhere in between. Since every submarine will be allowed as many runs as possible, you may wish to experiment with this factor. Similarly,

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the crew can elect to start the run at any depth at least 6 ft below the water surface to the bottom. Bear in mind that by definition, a submarine travels completely submerged, so a run down the course where any part of the submarine breaches the surface will be considered as a "did not finish" attempt. The same also applies if the submarine fails to pass between the vertical markers marking each gate. The submarine is allowed to wander off course a little during the run but must pass through all four gates properly. Striking the gate uprights and disturbing the cameras or targets may cause the run to be declared unofficial.

When your submarine is straight and level, is pointing down the course properly, and is far enough off the bottom so that nothing will hit, the support diver shall check to see that everyone else is out of the way, both fore and aft of the submarine. The support diver will then surface and notify the Racing Starter that the sub is "ready to race". The Race Starter, through an underwater loudspeaker, will give permission to race. The support diver will signal to the crew to commence propelling in case they could not hear the race command. This sign will be to rotate one arm as though cranking and shall be universal so that any diver in the area will be aware of what is going on and can avoid the submarine. The Racing Starter will notify all subsea personnel by underwater loudspeaker that the submarine is under way and on course. The topside support crew will then walk down the course on the concrete aisle on the left side of the race course to assist divers at the other end in retrieving your submarine. All team members providing surface support within the basin walls must wear PFDs or wet suits, provided by each team.

Subsurface support crew shall not follow the submarine onto the course, nor can your topside support personnel follow on the surface by boat or swimming. This is to minimize traffic on the active race course.

Once the submarine has traversed the course (or has stopped along the course), the crew should not exit the submarine until instructed to do so by Navy divers. The submarine is then towed to the left-side basin wall by the Navy divers. The submarine's support crew is then responsible for towing the submarine back to the beach area of the basin. Care should be taken to hug the basin wall to avoid obstructing the race course. When the submarine gets back to the beginning of the start line, you may be vectored right back onto the start line, or be put in the queue, or waved back to the underwater staging area, depending on the traffic at that moment.

Check all crew and support diver air supplies; if any are low, request positioning into the staging area immediately. The goal will be to have each submarine run several times during each immersion. If for any reason your crew cannot repeat runs, you should request positioning back to the staging area for removal of your submarine from the water. Do not move submarines to the lift or carts into the building before checking with the Supervisor of Diving and Surface Operations Coordinator. The submarines will be allowed to make as many runs as time will allow. Every team needs to be as fully prepared as possible before entering the race queue. Be considerate of other teams; if you come up with a problem that takes a little time to fix, allow other teams to pass by to keep everything moving.

9.8. Submarine Braking

Submarine braking at the end of the marked course will not be a major problem at the NSWC Carderock facility because of its great length, but crews are encouraged to stop their submarines

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in as short a distance as practical. Speed brakes, flaps, and propeller reversals are acceptable methods, but drogue chutes or sea anchors are prohibited because of their tendency to snag on other objects. Braking by rapid ascent or breaching is prohibited as there is a potential for embolism in even a few feet of water. Once the submarine has stopped, the team's topside support crew must be ready at the end of the race course to assist in disembarking the crew and returning the sub to the staging area. Suggestions will be made by the Operations staff for the return process.

9.9. Cautions In and Around The Indoor Facility

DANGER: Access to the center right narrow aisle (on the right hand side of the race course as you enter the basin is limited to ISR Operations Staff and ISR volunteers only. The timing and video control station is located in this aisle. There is a major hazard in the ceiling of this area: unshielded high voltage power cables that power the carriages which the model basin uses. Contact with these cables can kill you. Do not handle long poles, pipes, etc. in this area.

The beach structure is not solid; it is an inclined slotted structure to attenuate wave action. Do **not enter or swim under the beach structure**. Be careful not to catch toes or equipment between the slats of the beach structure. Divers or support staff wearing fins are not allowed to climb or walk across the beaches if in water less than knee deep. This is to prevent falls.

There are slatted steel walkways along both sides of the basin. To avoid injury, always look up prior to ascent, especially near the walls. There is a carriage-arresting gear structure that hangs over the water at about the 60 meter mark. There are also Navy Zodiacs on the surface with spinning propellers. Again, always look up prior to ascent, particularly near the walls.

Lighting may be limited depending upon an individual's location in the model basin. Also, summer electrical storms can cause power failures. The basin can get very dark, very quickly. Dive lights are recommended. Dive lights also work well as signaling devices and enhance the ability of others to see you.

All contestants inside the model basin carriage rails MUST wear either a United States Coast Guard Approved Type I, II, III, or Type V Personal Flotation Device (PFD) that is in good serviceable condition and appropriately sized for the intended user. A wet suit with sufficient buoyancy to float the wearer is an acceptable substitute.

9.10. Safety Concerns During Submarine Operations

DON'T PANIC! If you remain calm, keep breathing from the regulator, and stay in/with the sub until the Navy divers arrive and instruct you what to do, almost any situation can be controlled.

Air supply can be lost by simply dropping your regulator from your mouth, or by running out of SCUBA air, or other equipment malfunction. KEEP YOUR REGULATOR IN YOUR MOUTH AT ALL TIMES!! If there is an air supply problem, reach for your alternative air source first, and then open the hatch. If at all possible, remain inside your submarine until Navy Divers come to you for rescue.

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Descent is controlled by the submarine team's support divers prior to the start and they must make sure the crew is safe at all times. Of particular importance is for the support divers to actively monitor the crew for ear clearing problems or any other distress during descent. Visual contact is needed with all crew members during the entire descent.

Ascent is controlled by the vehicle and may be more rapid than a free diver ascent. This means that crewmembers must continue breathing during the entire human powered submarine operation. NEVER HOLD YOUR BREATH!! The vehicle should always operate near the bottom unless there is a control problem or emergency.

Some submarines may have buoyant hatches. If the hatch is opened on the surface, the loss of buoyancy may cause the submarine to descend. Ensure crew members have access to SCUBA regulators and that support personnel are not trapped underneath.

BEWARE OF THE PROPELLOR/PROPULSION UNIT DURING OPERATION AND STAY CLEAR WHEN IT IS ROTATING. The submarines may have sharp edges, bolt heads, hoses, and hatches that can cut or pinch hands and snag SCUBA equipment. BE CAREFUL.

A moving submarine has a lot of inertia. Never be between a moving sub and the basin walls.

The water is cold and can cause cramps. Be sure to stretch prior to diving, eat appropriate foods, and drink plenty of fluids to help reduce the risk of cramps. The crewmembers are more susceptible to cold because they are moving only during the run. It is wise to get out of the water to get warm.

It gets very hot outside during June and July in Washington, DC. Shade cover, sunscreen, and hydration is strongly recommended.

If you have a diving or equipment problem, stop diving. You will become a liability at that point and will not help anyone, including yourself. Make sure the Supervisor of Diving is aware that you are getting out of the water.

9.11. Timing System

The timing system uses two fixed underwater video cameras that look across the course at target poles placed on the opposite side of the course. The camera/target pairs are located at the start of the measurement course (0 meters) and at the finish of the course (100 meters). The video from these two cameras is combined to make a 2-part split screen video signal. This video is recorded along with television time code. The time code generator counts each 1/30 of a second television frame as well as seconds, minutes and hours. Even though individual frames are 1/30 second apart, a time resolution of 1/60 second is possible by interpolation, that is, by the position change of the submarine in adjacent frames.

After each run, the recorded video is examined to find the exact television field where some identifiable marking or component of the submarine passes through each of the four targets. The time the submarine takes to travel between each target is determined by the difference in time and frame number. A spread sheet program calculates the time difference and then the submarine's

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average speed over the 10 meter and 100 meter sections of the course. A contestant speed form will be generated for every run of each submarine and will be authenticated by the timing officials.

FURE is continuously updating the timing and video system and reserves the right to make changes to the system described and will notify Teams of any changes when available.

9.12. Timing Results

Submarine speeds will be displayed on television monitors and posted on a status board as soon as they are available. A section of the status board will show the highest speed in each category. As each speed is bettered, a new higher speed will replace the previous maximum. When races are in rapid succession, speed determination may be delayed, but the speed will be posted as soon as it is available. Please do not ask the timing officials for speed data during active racing. **REMEMBER: access to the center aisle is limited to race officials and ISR volunteers.**

10. FORMAL DOCUMENTATION REQUIRED

10.1. Submarine Specification Sheet for Race Program

The ISR Race Program presents overall information about the race, the race teams, and the specifications of each submarine entered. The form requesting required information will be issued no later than 31 March 2025 and must be returned to the Contestant Liaison no later than 07 April 2025. Accurate information is needed on this form as it is the basis for the printed Race Program and Award letters and plaques.

31 March 2025Each team receives Microsoft Office Template for required information07 April 2025Completed MS Office templates due to Contestant Liaison via e-mailcontestant.liaison@internationalsubmarineraces.org

10.2. Submarine Design Report

Each submarine team will be required to submit a design report to the ISR judging panel. This report shall completely document the team's efforts in the conception, design, construction, and testing of its submarine. Entry to the races will not be allowed if this document is not presented by the assigned date. There are three reasons for this requirement. The judges will use the design report to determine if the submarine conforms to the design guidelines and rules set forth in this contestant's manual. In addition, they reserve the right to reject from competition any contestant or team whose design or intentions are not in keeping with the honor and tradition of the races. Deficiency in design from the standpoint of crew safety is also cause for rejection.

The report for each submarine will be compiled and a journal produced to provide educational benefit to those interested in human-powered submarine engineering. An award shall be given to the submarine crew that develops the most complete and informative report for their project. ISR organizers firmly believe that one of the most important aspects of the races is the educational benefit that these reports will offer. At a minimum, the design report must cover the following topics and be organized as per the following outline:

Design Report:

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- Executive Summary
- Design Philosophy & Goals
- Design and Fabrication
 - Hull
 - Propulsion System
 - Control Systems
 - Life Support System
 - Primary Air Supply calculations to be included in this section.
- Safety Systems
- Submarine Testing
- Crew Training
- Lessons Learned
- Budget
- References

The report page count is limited to 50 pages. Late submittal of the Design Report to the head judge will be penalized by a design report grade reduction of 2% per day of late submission. Omission of a listed topic area from the Design Report will incur an 8% reduction from the Design Report grade per topic area.

All reports are to be copyrighted to FURE and will become the property of FURE. It is the intention of FURE to make these reports available on the ISR website at a later date. Copyright forms will be supplied no later than the 12 April 2025 to participating teams.

Design reports should be sent via email as an attachment to

<u>Head.judge@internationalsubmarineraces.org</u> no later than June 02, 2025. If the report file is too large to be sent by email the team shall contact the Head Judge to determine another mutually acceptable submission method (such as Google Docs or Dropbox).

If you have questions, you can e-mail the head judge at: <u>Head.judge@internationalsubmarineraces.org</u>

10.3. 20-Minute Presentations

Each team must make a 20-minute presentation to the Judging Committee for each submarine entered. At a minimum, the presentation should be in Microsoft PowerPoint and include the following elements:

20-Minute Presentation

- Team introduction
 - Sponsoring organization
 - Team Members
- Overview and Goals
- Design Philosophy
- Design and Fabrication
 - Hull

- Propulsion System
- Control Systems
- Life Support System
- Safety Systems
- Submarine Testing
- Crew Training
- Lessons Learned
- Budget
- Closing

The schedule of the presentations will be supplied to each team by the contestant liaison after team inputs / requests are received. The critical dates for this process are:

05 May 2025	20-minute Presentation Sign-up Sheet sent out to teams
07 June 2025	20-minute Presentation PowerPoint file and or other presentation material
	submitted via email to Head Judge at:
	Head.judge@internationalsubmarineraces.org
17 June 2025	20-minute Presentation Schedule Issued
23 - 26 June 2025	20-minute Presentations during race week

Only judges and the team making the presentation will be in the judges' room during the presentations. Team mentors/teachers shall not participate in the presentations. The next team scheduled to present will not be allowed in the room until the judges have completed their discussion of the current presentation. Late submittal of presentation files and materials to the head judge will be penalized by a presentation grade reduction of 2% per day of late submission.

10.4. Copyright Forms

The Final Design Report and the 20-Minute Presentations are to be copyrighted to FURE. The completed Copyright Form (including releases for the Design report and the Presentation to the judges) is due to the Head Judge (<u>Head.judge@internationalsubmarineraces.org</u>) no later than June 7, 2025.

11. Miscellaneous

11.1. Directions to David Taylor Model Basin/NSWC Carderock Facility and Parking

The website will contain the latest set of directions and maps. Building Number 4 will house the races, and parking will not be allowed at the east end of the building and along the side of the building.

Limited parking will be available at the David Taylor Model Basin - NSWC Carderock Facility, including space for large vehicles. People will not be allowed to stay overnight in motor homes or otherwise and must be off the facility by the times posted in the final race week schedule posted on the website. Teams are encouraged to bring as few vehicles as reasonable, since the facility needs to keep the traffic flow to a minimum.

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Please do not park in any parking spaces that are marked as reserved and drive carefully around the facility. US Navy police may issue citations for traffic violations.

11.2. International Shipments and Customs

All teams are responsible for shipping their submarines and equipment to the race location and must ensure all required paperwork for customs declarations for importation and exportation is completed. If needed, FURE will provide contacts to other teams who have successfully navigated these challenges. FURE nor NSWC Carderock can act as the importer of any Team's gear.

11.3. Submarine Shipping and Delivery Instructions

The shipping address is:

Naval Surface Warfare Center NSWC Carderock Division Receiving Code 3341 Bldg 143 9500 MacArthur Blvd West Bethesda, MD 20817-5700

The contact person at NSWC Carderock : Charlotte George (301) 227-8869 Email: charlotte.a.george4.civ@us.navy.mil

Mark containers **INTERNATIONAL SUBMARINE RACES** in very large letters. Ensure that your team affiliation or team name is also marked somewhere on the outside of the container. Allow sufficient transport time, so that your gear will get there before you do. **Do not however plan for the submarine to arrive at Carderock before 01 June 2025**. Please call & email Mrs. George one week prior to shipping date to confirm expected arrival date. (The crate's dimensions and weight(s) would also help determine forklift requirements ahead of time). NSWC Carderock does not provide recommended shipping companies or deal with customs. Teams must verify with your foreign shipping company that arrangements have been made in the United States for customs processing and final delivery to NSWC Carderock in time to support your participation. NSWC Carderock should only be contacted for final delivery and delivery signature.

Non-US citizen truck drivers are not allowed on NSWC Carderock property. If trucking companies do not heed this, their drivers will be prohibited from entering the property. This will lead to delays and possibly increased shipping costs for the contestants.

Deliveries must be made during the week (M-F) between the hours of 6:30 am and 2:00 pm. Please ensure your trucking company knows the hours of operation and the special driving directions. **TELL THE SHIPPING COMPANIES TO ARRIVE BEFORE 2:00 PM WITH ONLY US CITIZEN DRIVERS/HELPERS, OR THEY WILL BE PROHIBITED FROM ENTERING THE PROPERTY.** The facility will unload the containers from the transport trucks and **store them outside** near the model basin. Calling one hour prior to arrival will minimize unloading delays if a forklift is required for offload which is almost always required.

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All submarines must be shipped out of NSWC Carderock by contestants within two weeks after the end of the races. If not, the submarine will become property of FURE. Return shipping arrangements should be made prior to the end of the race week and communicated to Mrs. George. All other submarines must be removed from NSWC Carderock by the end of the award ceremonies on Friday, 27 June 2025.

11.4. Host Hotel

The Host Hotel for ISR 18 is:

Best Western Plus Rockville Hotel & Suites 1251 W Montgomery Avenue Rockville, MD 20850

The ISR room rates are:

Single King Bed: \$TBD plus applicable taxes
Two Double Beds: \$TBD plus applicable taxes
Note that the hotel cannot place rollaway beds in king bed rooms or rooms with two double beds due to safety concerns and fire code restrictions.

These room rates are available until TBD 2025. The rate includes a hot, full American breakfast for all overnight guests. Breakfast will start at 6 am from Sunday, 22 June, through Friday, 27 June 2025.

You may book a reservation by contacting hotel reservations at +1(301)424-4940, selecting option "0" and asking to speak with the Front Desk Associate and identifying yourself as part of the "ISR 18 room block". When making reservations, be sure to identify yourself as part of the "ISR 18" room block. Individuals must cancel more than 24 hours prior to arrival or will be subject to a first night's room and tax fee. **Reservations are due to the hotel by TBD 2025**. Any unused rooms will be released after this time to the hotel for general sale.

11.5. Publicity and Reporter Clearance

Any media personnel interested in attending the ISR should contact the ISR Media contacts identified below. All media entering NSWC Carderock property must obtain prior clearance and be escorted by NSWC Carderock Public Affairs Office personnel. Names of foreign media contacts must be submitted one month prior to ISR 18. FURE will provide all media requests to NSWC Carderock Public Affairs Office for final approval while on NSWC Carderock property.

11.6. ISR Contestant Contact Information

At this time your points of contact regarding the ISR 18 are listed below. If they cannot answer your questions, they will direct you to someone who can.

ISR Contact List

Contestant Liaison

Sue Rovner / David McAfee <u>contestant.liaison@internationalsubmarineraces.org</u>

Supervisor of Diving

Vin Malkoski

dive.supervisor@internationalsubmarineraces.org

Head Judge

Mike Ales 203-556-1570

Media Relations

TBD TBD phone head.judge@internationalsubmarineraces.org

FURE.President@internationalsubmarineraces.org

Foundation for Underwater Research and Education (FURE)

Vin MalkoskiFURE.President@internationalsubmarineraces.orgSarena PadillaFURE.VicePresident@internationalsubmarineraces.org

ISR Mailing Address:

FURE/International Submarine Races P.O. Box 40156 Arlington, VA 22204 USA

All relevant information can be found on our web site:

http://www.Internationalsubmarineraces.org

Also, follow us on Facebook at

www.facebook.com/International-Submarine-Races-205535162933518 and www.facebook.com/Foundation-for-Underwater-Research-and-Education-358790251332752

12. APPENDIX 1 – INTERNATIONAL SUBMARINE RACES (ISR) HISTORY & PURPOSE

The International Submarine Race (ISR) was conceived in 1988 by the H.A. Perry Foundation and Florida Atlantic University's Department of Ocean Engineering. To allow time for new submarine development and fabrication, the event was established as a biennial event. The first three races were open-water events in Riviera Beach, Florida (1989 and 1991) and Ft. Lauderdale, Florida (1993).

In 1994, the Foundation for Underwater Research & Education (FURE) assumed responsibility for conducting the ISR. To address problems in previous open-water races caused by weather and race course mechanical problems, FURE officials searched for a protected, freshwater venue for future races. FURE found the U.S. Navy a willing supporter of the event at their David Taylor Model Basin at the Naval Surface Warfare Center – Carderock Division in West Potomac, Maryland.

Since the first race inside the David Taylor Model Basin in December, 1995, FURE has conducted the biennial International Submarine Race (ISR) as the capstone Science, Technology, Engineering, and Mathematics (STEM) event for thousands of young men and women. This competition for human powered underwater vehicles has been continually hosted by the Naval Surface Warfare Center, Carderock Division, and provides valuable educational experiences to the best and brightest engineering and science students from throughout the world. Even during the COVID pandemic in 2021, FURE hosted a virtual ISR (vISR16) with online professional presentations and remote evaluation of teams' submarine designs, team management, and problem solving skills.

The International Submarine Race was created to address a potential future shortfall of scientists and engineers in the fields of ocean and marine engineering. To address that possibility and encourage students to pursue a career in the marine fields, the ISR was developed to provide an applied engineering learning opportunity for teams at all educational levels. The challenge remains to design, build, test and race a one or two-person human powered "wet" submarine with contestants using scuba equipment inside it and operated over a timed course. Each submarine is uniquely designed, built from "scratch", and relies upon novel techniques for propulsion and guidance. Every race features creative teams bringing forth ever more innovative designs in materials, propulsion, and navigation/guidance with resultant speed improvements.

A student's participation in the design, construction, testing, and operation of an underwater craft offers real-time application of theoretical knowledge, hands-on problem solving, and team building skills. The lessons learned during the ISR process provide fundamental building blocks for a successful professional career.

The International Submarine Races are also an opportunity for the U.S. Navy, race sponsors, volunteers, and team faculty and parental advisors to invest in the dreams of these young men and women.

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FURE is proud to sponsor the ISR where young men and women can take advantage of all professional and personal development learning opportunities and discuss their future and receive related advice offered from those who came before them. FURE's hope is that the experience ISR experience provides a strong foundation from which industrious students can build a future that fulfills their personal and professional interests and allows them to contribute to the world's needs and requirements.

The International Submarine Races counts among its alumni thousands of individuals who have achieved success in the scientific, engineering, and management fields leveraging the lessons and contacts they made at the races to further chase the dreams and goals they have set for themselves. Former ISR submariner/contestant, and now astronaut, Dr. Megan McArthur Behnken once said, "We dream these amazing dreams. We share these huge goals, and we're going to be successful when we work on them together."

Dr. Behnken has also said, "Pursue what you love to do. Don't be afraid to dream. Be curious...and ASK the questions."

The late Robert F. Kennedy was a former Attorney General of the United States and brother to the late President John F. Kennedy. About dreaming, he once said, "Some men see things as they are and ask, 'Why?'; I dream of things that never were and ask, 'Why not?'" Dr. Behnken and countless other successful individuals who are "graduates" of the International Submarine Race are people who throughout their lives continuously ask, "Why not?"

FURE's challenge and advice to ISR contestants before, during, and after their ISR is Don't be discouraged; listen to those who came before; learn from others; don't ever stop dreaming; and do not ever, ever stop pursuing those dreams.